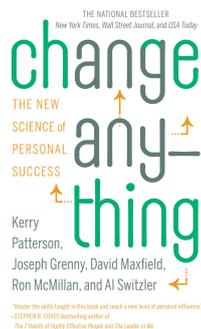# PAWSUPP.COM Ebook and Manual Reference

CHANGE ANYTHING ENHANCED EDITION EBOOKS 2019

Author: Kerry Patterson, Joseph Grenny, David Maxfield, Ron McMillan u0026 Al Switzler

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A stunning new approach to how individuals can not only change their lives for the better in the workplace, but also their lives away from the office, including (but not limited to) finding ways to improve one's working relationship with others, one's overall health, outlook on life, and so on. u003cbr /u003eu003cbr /u003eFor example, why is it that 95% of all diet attempts fail? Why do New Year's Resolutions last no more than a few days? Why can't people with good intentions seem to make consistent and positive strides in the way they want to improve their careers, financial fitness, physical fitness, and so on?u003cbr /u003eu003cbr /u003eBased upon the latest research in a number of psychological and medical fields, the authors of CHANGE ANYTHING will show that traditional will-power is not necessarily the answer to these strivings, that people are affected in their behaviors by far more subtle influences. CHANGE ANYTHING shows how individuals can come to understand these powerful and influential forces, and how to put these forces to work in a positive manner that brings real and meaningful results.u003cbr /u003eu003cbr /u003eThe authors present an array of everyday examples that will change and truly empower you to reexamine the way you go about your business and life. u003cbr /u003eu003cbr /u003eThis Enhanced Edition includes:u003cbr /u003eNine original videos from the award-winning VitalSmarts video team, starring the authors of CHANGE ANYTHING and real people whose success stories are highlighted in the book.Exclusive video footage from Change Anything Labs; see the experiments you read about the book in action.

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